



June } 2015
Newsletter



HAPPY FATHER'S DAY - June 21st

The role of fathers in the lives of early learners is incredibly important. Dads, imagine that you are modeling behavior for a future husband for your daughter. Or, that you are modeling behavior for your small son who wants to be just like you. We honor dads this week because they impact the future for small children in monumental ways.

FATHER'S DAY HOLIDAY HAS ROOTS IN WASHINGTON

On July 19, 1910, the governor of the U.S. state of Washington proclaimed the nation's first "Father's Day." However, it was not until 1972, 58 years after President Woodrow Wilson made Mother's Day official, that the day became a nationwide holiday in the United States.

THE IMPORTANT ROLE OF DAD

Huffington Post
Huff for Parents
Dr. Gail Gross, Ph.D, Ed.D, M.Ed
Human Behavior, Parenting, Education Expert, Speaker, Author

While almost any man can father a child, there is so much more to the important role of being dad in a child's life. Let's look at who father is, and why he is so important.

Fathers are central to the emotional well-being of their children; they are capable caretakers and disciplinarians.

Studies show that if your child's father is affectionate, supportive, and involved, he can contribute greatly to your child's cognitive, language, and social development, as well as academic achievement, a strong inner core resource, sense of well-being, good self-esteem, and authenticity.

[Read more...](#)

DADS, SUPPORTING YOUR EARLY LEARNER IS EASY

Here are 10 simple things that you can do with your little one to encourage brain development and build lifetime relationships.

Physical Touch - Rock, hold and hug your child.

Stable Relationships - Be loving, nurturing and calm. Allow your child to explore.

Read, Read, Read - Every day, hold your child on your lap, point to pictures, ask questions, repeat the same books over and over. Write down a story your child tells and show it to her or him.

Quality Child Care - Watch for safe, supportive environments, nutritious meals, the number of children in care to the number of childcare providers and the way the caregivers respect the children.

A Safe And Healthy Home - Child proof your home, and visit the pediatrician and dentist.

Encourage Interaction - Respond quickly to a child's needs, involve yourself in her or his play and talk to him or her.

Strong Self-Esteem - Encourage, praise and respect your child.

Communicate - Talk, sing, play and read with your child.

Promote Play - Be your child's playmate, use everyday household items in creative ways and get to know your child through play.

Make Music - Sing, rock, and dance together using household items, and play music in your home.

Whether you're fortunate enough to still have your dad or if you're celebrating with young children, have a great day on Father's Day. Being a dad is important.

Thank you DADS!