

What Can I Do TO PREPARE MY CHILD FOR KINDERGARTEN?

You are your child's first and most important teacher and you play a key role in helping your child prepare for kindergarten.

Listed below are some ways that you can help your child continue to grow and learn and be ready for the first day of school.

SOCIAL-EMOTIONAL DEVELOPMENT provide opportunities to:

- Play cooperatively with other children
- Share, take turns and help others
- Label feelings and comfort themselves and others
- Understand and follow rules and routines

PHYSICAL DEVELOPMENT provide opportunities to:

- Run, hop and balance
- Throw, kick and catch a ball
- Cut with scissors
- Hold and use a pencil
- Buckle, zip, button clothing

COGNITIVE DEVELOPMENT provide opportunities to:

- Find multiple solutions to questions, problems and tasks
- Compare, contrast, examine and evaluate experiences
- Group objects by color, size, shape, etc.
- Stay focused on an activity
- Show curiosity



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LANGUAGE and LITERACY provide opportunities to:

- Follow two-and three-step directions
- Play games and follow rules
- Read, re-tell and invent stories
- Recites letters of the alphabet
- Recognize and write own name
- Recognize some letters of the alphabet
- Label the sounds that letters make
- Practice and pretend to read
- Use a variety of writing tools
- Practice and pretend to write

MATHEMATICS provide opportunities to:

- Play games, complete puzzles and cook using recipes
- Measure things like cups, spoons, rulers and scales
- Count in order, up to 20
- Use comparison words like, big, small, more, less
- Describe things by size, shape and weight
- Identify common shapes – circle, square, triangle, rectangle, etc.
- Match and sort simple shapes
- Talk about the order of events: first this happened, then that happened



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